

Next Time You Feel Angry... (OSHO Singles)

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This small eBook deals with human emotions, specifically here with 'anger'.

This first book in a new series of 'OSHO SOLUTIONS" consists of a single talk by Osho and uses a Zen story as a teaching tool to deepen the readers understanding how to deal with anger. Understanding is totally different approach compared to 'self-help' or 'how-to' models which often try to give outside solutions for an inner problem. Osho brings a clarity to this issue and helps your own inner understanding to solve problems.



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Mark Feaster:

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