



The Healthy Prostate: A Doctor's Comprehensive Program for Preventing and Treating Common Problems

Arnold Fox, Barry Fox

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This breakthrough book is a medical doctor's proven prescription for a healthy prostate. Arnold Fox, M.D., who has successfully treated prostate problems for over forty years, speaks directly to your vital concerns, including:

- * Early symptoms of prostate problems and what to do about each type
- * The full range of traditional and alternative treatments available, notably the best drug-free, nonsurgical options
- * Easy-to-understand, step-by-step treatment plans for each type of problem
- * The pros and cons of common medications
- * Innovative treatments such as hyperthermia and cryosurgery
- * Checklists and brief quizzes to accurately assess your health status
- * A detailed prevention program to maintain your good health
- * Important questions to ask your doctor now

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