

Moving On: Dump Your Relationship Baggage and Make Room for the Love of Your Life

Russell Friedman, John W. James

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In this groundbreaking book, authors Russell Friedman and John W. James show readers how to move on from their unsuccessful past relationships and finally find the love of their lives. Demonstrating revolutionary ideas that have worked for thousands of their clients at the Grief Recovery Institute, Friedman and James give readers the strategies they need to effectively mourn the loss of the relationship, while opening themselves up to love in the future.



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