



Pot It, Grow It, Eat It: Home-Grown Produce from Pot to Pan

Kathryn Hawkins

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What could be more satisfying than growing your own fruit and vegetables and then eating them, freshly picked? There's no need to have lots of land: it can be done anywhere—in windowsill containers, balconies, and small backyards. This combination growing guide and cookbook explains how anyone, anywhere can go straight from pot to pan. It offers:

- A how-to of cultivation: tools and materials, containers, and siting
- An illustrated A–Z vegetable, herb and fruit directory, with each entry listing planting, siting, maintenance and harvesting details, plus storing and freezing instructions
- A cookbook chapter, with 25 fresh, simple recipes for appetizers, entrees, and desserts

This is the perfect book for a holistic, healthy lifestyle!

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Spent a free time to be fun activity to try and do! A lot of people spent their down time with their family, or their friends. Usually they doing activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to consider look for book, may be the guide untitled Pot It, Grow It, Eat It: Home-Grown Produce from Pot to Pan can be very good book to read. May be it might be best activity to you.

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