



Skinny Meals in Heels: Figure-friendly dishes for girls on the move

Jennifer Joyce

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Popular food writer, stylist and author of *Meals in Heels* Jennifer Joyce presents this glamorous collection of vibrant and delicious recipes — all of which 'happen' to be low in fat. This new book contains more fabulous illustrations by Megan Hess alongside with food photography styled by the author. Not to be mistaken for a mundane diet book, *Skinny Meals in Heels* is a stylish guide to home cooking in the real world — a world where mid-week meals with friends and family need to be quick, healthy, satisfying and full of flavour.

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