



The Art of Alternative Medicine Made Easy: What You Need to Know about Great Ways in Treating Different Medical Condition

Adam Potts

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My knowledge of medicine is sketchy and my knowledge of alternative medicine is bordering on skeletal. Like many people, I necessarily take maintenance drugs for conditions such as high blood pressure. Naturally, as I age, I am discovering a myriad of annoyance maladies that might be satisfactorily treated with alternative medicines. A guide assisting me in sorting this out would prove invaluable. I am equipped with a built-in resistance to taking pills. A guide to alternative methods of easing mild arthritis, menopause symptoms, stress headaches, mild depression and the like would provide relief AND assuage my aversion to standard prescriptions.

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