



# **The Resonant Male Singer: Daily Vocal Workouts to Engage and Empower Young Men**

*Jacob Narverud*

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(Resource). An inspired and fresh approach on building tone and ensemble resonance with male singers! With you as their personal trainer, this book provides daily "workouts" for your guys to help them develop a vibrant, healthy, and mature sound through proper vocal technique. This resource includes notated warm-up examples and photos with descriptive, enthusiastic teaching ideas. Topics include Body, Breath, & Energy; Muscles & Movement; Exploring the Voice; Finding & Activating Resonance; Focusing the Resonance; Tuning the Resonance; and Repertoire/Rehearsal Ideas. An appendix of "tried-and-true" suggested repertoire for middle, high school, and collegiate male vocal ensembles is included. An enjoyable, yet practical guide for anyone working with male voices!

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