

Ayurveda sanación holística (Spanish Edition)

Dr. Fabián Ciarlotti



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Con lenguaje sencillo y científico a la vez, el Dr. Ciarlotti, Fabián Dr., con su libro Ayurveda, Sanación Holística hace un preciso recorrido por la Medicina Ayurvédica y la Filosofía Oriental. En forma de cuento y también en forma de viento, por sus cualidades, parte desde el origen de todo, volando sobre la respiración y la alimentación hasta llegar a los distintos Cuerpos; la idea es tener otra visión de la enfermedad, del paciente y, en definitiva, de la vida misma, en una lectura amena y llevadera sobre la cultura hindú.

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