

Slow Cooker Freezer Meals: 30 Best Tasting Slow Cooker Freezer Meals In 3 Hours: (Freezer Recipes, 365 Days of Quick & Easy, Make Ahead, Freezer ... cookbook for two, dump dinners cookbook)

Pamela Long

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Slow Cooker Freezer Meals (FREE Bonus Included)> 30 Best Tasting Slow Cooker Freezer Meals in 3 Hours!

In this book you are offered a great selection of freezer meals that you can empty into the slow cooker, then head out to work, and when you return home you are greeted with the lovely aroma of an amazing hot meal, ready to enjoy! If this is something that you can see yourself enjoying then you will make good use of the collection of freezer meal recipes in my book.

In today's world we are living and doing everything at a fast pace—we are busy rushing off to work, to social gatherings, taking our kids to their practices, to running errands. At home we are trying to keep the house in order, getting kids to do their homework, entertaining, and amongst this trying to put together a family meal. Often home-cooked meals are not a priority with many families. The good news is that this does not have to be the case by making use of freezer meal cooking, allowing you and your loved ones to enjoy delicious, nutritious, home-cooked meals that are so easy to prepare. They are also a lot cheaper and healthier than take-out and fast food choices. A great bonus is that you will not have to prepare and cook every night to put a nice home-cooked meal on the table. With a little bit of planning you can offer your loved ones less fast food and more home-cooked meals. You can feel good in knowing that you are offering your family more healthy food choices, these will help ensure better health and well-being for you and your loved ones. You can achieve this using freezer meals with very little effort on your part that will benefit you and your family of having more home-cooked meal choices.

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Robert Bartlett:

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